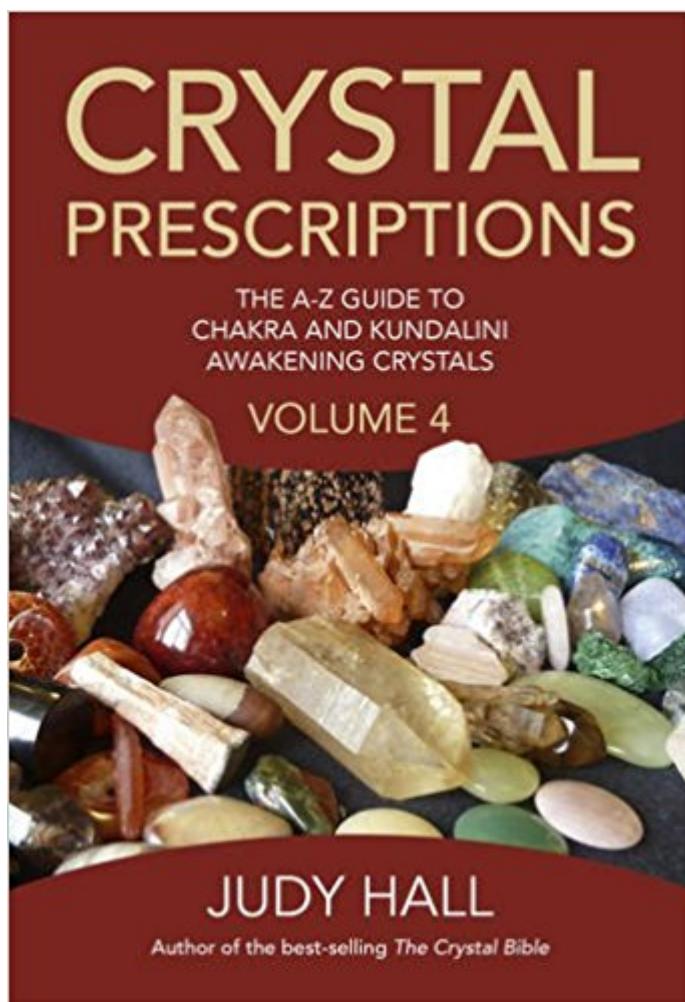


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# Crystal Prescriptions: The A-Z Guide To Chakra And Kundalini Awakening Crystals



## **Synopsis**

This directory provides all you need to know about crystals for the chakras, subtle energy bodies and raising kundalini. There are many more chakras than the conventional seven that have traditionally been in use. As the frequency of the human organism is raised, additional chakras are opening up to assimilate higher dimensional energy. This frequency uplift, and overall well-being, can be facilitated by stimulating the rise of kundalini energy, which in turn can be activated with appropriate crystals. However, spontaneous kundalini awakening can be overwhelming. Fortunately crystals have the answer. This new directory in the A-Z series assists you to identify exactly the right crystal to release any blockages and return the chakras to a state of equilibrium. This will enable the higher chakras to open and controlled kundalini rise to occur.

## **Book Information**

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## **Customer Reviews**

An internationally known author, astrologer, psychic, healer and workshop leader, Judy Hall has been a karmic counsellor for over forty five years and is the author of the million selling Crystal Bibles. Her books have been translated into fifteen languages. O Books publish titles in the series Crystal Prescriptions: the A-Z guide to healing crystals. She was recently voted the Kindred Spirit MBS personality of the year 2014 and has appeared four times on the Watkins MBS list of 100 most spiritually influential living writers.

honestly, the book has 40 or so pages of info on chakra and rest in correspondences. its the same with the other volumes. if you have one, you really dont need the other volumes

Love her books.

Well written and easy to understand.

Satisfying and edifying

Good information for chakra activate practice , people with open mind only can get some more knowledge about crystal and human interaction.

Thanks

Print clarity is bad. Don't like the way it is set up.

Again , Judy amazes us with her knowledge.A must have book.

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